

## **Signs of the 4 Bodies**

### **Lodge of Perfection**

Sign of Secrecy: Place the first two fingers of the right hand over the lips, extend the arm, and drop it.

### **Chapter Rose Croix**

Sign of Good Shepherd: Cross the arms on the breast, the left outward, hands open, eyes raised to heaven.

### **Council of Kadosh**

Sign of Kadosh: Step forward with right foot, incline upper part of the body forward, place right hand open upon the heart. Then carry the arm, hand still open and palm upward at full length to the right front and let it drop to the side.

### **Consistory**

Sign of the Order: Place the right hand upon the heart, body erect, then carry it and the arm, hand still open and palm upward, arm in full length, to the right front and let it drop by the side.

The Sign of the Degree is given in three parts. Begin by placing the right hand, open, upon the heart. Next, extend it and the arm forward at full length in front of you, keeping the hand open and palm upward. Finally, let the hand and arm drop by the right side.